WHO SHOULD ATTEND?

Any health care professional involved in assessment, treatment, and/or research in the area of pain, including those working in alternative/complementary disciplines. Primary care professionals are strongly encouraged to attend, with pain being one of the most common reasons patients seek medical attention.

PROGRAM HIGHLIGHTS

• The latest information on today’s most important pain care topics
• Sessions for both clinicians and researchers
• Interdisciplinary faculty and panel discussions
• Opportunities for networking and collaboration

SERVING YOU AND OUR REGION

The Midwest Pain Society’s purpose is to further the goals and mission of the American Pain Society in the Midwestern States, including Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, and Wisconsin. MPS is devoted to advancing pain-related research, education, treatment, and professional practice. Physicians, psychologists, nurses, pharmacists, social workers, and any other health professionals interested in pain care are welcome.
OBJECTIVES

• Describe how physicians, psychologists, and physical therapists can collaborate to identify appropriate patients for interdisciplinary care

• List how a patient’s primary care physician can guide them to be more engaged in rehabilitative exercise

• Explain how patients treated by an interdisciplinary team can have more success with their exercise regimen for pain

FACULTY

Mark Burish, MD, PhD, Assistant Professor, The Vivian L. Smith Department of Neurosurgery, Director, Will Erwin Headache Research Center, UT Health Science Center at Houston

Timothy Furnish, MD, Associate Clinical Professor of Anesthesiology, Center for Pain Medicine, Pain Fellowship Program Director, UC San Diego Medical Center

Wesley Gilliam, PhD, LP, Clinical Director, Mayo Clinic Adult Pain Rehabilitation Center, Assistant Professor, Mayo School of Medicine, Rochester, MN

Keela Herr, PhD, RN, AGSF, FGSA, FAAN, Professor & Associate Dean For Faculty, The University Of Iowa College Of Nursing, Iowa City, IA

J. Bruce Hillenberg, PhD, ABPP, SPC Chairperson, Chief, Pain Management Services, Beaumont Health, Royal Oak, MI

Sandra Jean Hilton, PT, DPT, MS, University of Illinois, Chicago, IL

Emily G. Lattie, PhD, Center for Behavioral Intervention Technologies, Department of Preventive Medicine, Northwestern University, Chicago, IL

Eliel Mulhem, MD, Associate Professor and Vice Chair, Department of Family Medicine and Community Health, Beaumont Health and OUWB Medical School, Sterling Heights, MI

Anthony Nader, MD, Professor, Department of Anesthesiology and Orthopaedics, Northwestern University Feinberg School of Medicine, Chicago, IL

Ramana Naidu, MD, Assistant Professor of Anesthesiology & Pain Medicine at the University of California - San Francisco, Director of Acute Pain Services for Mission Bay and Moffitt-Long Hospitals, San Francisco, CA

Jason L. Silverman, DPT, DSc, OCS, CSCS, FAAOMPT, Lieutenant Colonel, US Army Medical Special Corps., Assistant Chief of Staff, Walter Reed National Military Medical Center, Bethesda, MD

Kathleen Sluka, PT, PhD, FAPTA, Professor, Department of Physical Therapy & Rehabilitation Science, University of Iowa, Iowa City, IA

Jeanne A. Sperry, PhD, ABPP, Senior Associate Consultant and Clinical Health Psychologist, Department of Psychiatry and Psychology Mayo Clinic, Rochester, MN

MIDWEST PAIN SOCIETY

41st Scientific Meeting October 27–28, 2017

SCIENTIFIC PROGRAM COMMITTEE

Magdalena Anitescu, MD, PhD, Associate Professor, Director, Pain Medicine Fellowship Program, Chief, Section of Pain Management, Department of Anesthesia and Critical Care, University of Chicago Medical Center, Chicago, IL

Nicole Bettin, PT, DPT, WCC, Director of Clinical Education and Assistant Clinical Professor, Northern Illinois University, Department of Physical Therapy, DeKalb, IL

David M. Dickerson, MD, SPC Co-Chair, Assistant Professor, Department of Anesthesia & Critical Care, Director of Acute Pain Service, University of Chicago, Chicago, IL

McKenzie C. Ferguson, PharmD, BCPS, Associate Professor, Pharmacy Practice, Director, Drug Information & Wellness Center, School of Pharmacy, Southern Illinois University Edwardsville, Edwardsville, IL

Wesley Gilliam, PhD, LP, Clinical Director, Mayo Clinic Adult Pain Rehabilitation Center, Assistant Professor, Mayo School of Medicine, Rochester, MN

Christopher Herndon, PharmD, FASHP, Professor, School of Pharmacy, Southern Illinois University Edwardsville, Edwardsville, IL

J. Bruce Hillenberg, PhD, ABPP, SPC Chairperson, Chief, Pain Management Services, Beaumont Health, Royal Oak, MI

Zahra Khudeira, PharmD, MA, BCPS, CPPS, Medication Safety Officer, Inpatient Pharmacy Department, Sinai Health System, Chicago, IL

Mary Lyons, MSN, APN, RN-BC, ONC, Clinical Nurse Specialist Inpatient Pain Management, Northwestern Medicine Central DuPage Hospital, Winfield, IL

Elie Mulhem, MD, Associate Professor and Vice Chair, Department of Family Medicine and Community Health, Beaumont Health and OUWB Medical School, Sterling Heights, MI

Marilyn Oertley, MSW, LCSW, ACSW, BCD, Director, Central Illinois Pain Center, OSF Saint Francis Medical Center, Peoria, IL (Retired)

Anna Ratka, PhD, PharmD, CPE, Professor and Interim Associate Dean of Pharmacy Academic Affairs, College of Pharmacy, Chicago State University, Chicago, IL

Joan Sacksteder, PT, OCS, Chronic Pain Specialist, Beaumont Health, Troy, MI

Karen Sikorski, RN, MS, APN/CNS, Clinical Nurse Specialist, Pain, OSF Saint Anthony Medical Center, Rockford, IL (Retired)

Barbara St. Marie, PhD, ANP, GNP, Assistant Professor, College of Nursing, University of Iowa, Iowa City, IA

David Walega, MD, President, Midwest Pain Society, Associate Professor of Anesthesiology, Chief Division of Pain Medicine, Northwestern University Feinberg School of Medicine, Chicago, IL
Friday, October 27, 2017

7:30 a.m. Breakfast/Registration/Poster and Exhibit Set-Up

8:00 a.m. Welcome
David Walega, MD
President, Midwest Pain Society

Session 1 CME/CE = 3.0
Innovations in Pain Care
Moderator: David Dickerson, MD

Topic 1: Medical Management of Pain

8:15 a.m. Timothy Furnish, MD
Advances in Medical Marijuana for Pain

9:00 a.m. Ramana Naidu, MD
Next Generation Neuromodulation: Paresthesia-free Spinal Cord Stimulation and Targeting of the Dorsal Root Ganglion

9:45 a.m. Anthony Nader, MD
Managing Facial Pain

10:30 a.m. BREAK/Exhibitors/Posters/Networking

11:15 a.m. Mark Burish, MD, PhD
Novel Approaches to Headache Care

12:00 p.m. Networking Lunch

Session 2 CME/CE = 3.25
Let's Get Moving
Moderator: Joanie Sacksteder, PT, OCS

Topic 2: Psychologically Informed Physical Therapy

1:00 p.m. E. Richard Blonsky Memorial Talk
Kathleen Sluka, PT, PhD
Exercise: Does it Hurt or Help?

2:00 p.m. Sandra Hilton, PT, DPT, MS
The Practical Application of Pain Science in the Clinic

2:45 p.m. BREAK/Exhibitors/Posters/Networking

3:30 p.m. Jason Silvernail, PT, DPT
Pain Education: Flipping the Curriculum

4:15 p.m. Panel Discussion
An Interdisciplinary View of Rehabilitative Exercise for Pain
Kathleen Sluka, PT, PhD
Sandra Hilton, PT, DPT, MS
Jason Silvernail, DPT
Elie Mulhem, MD
Wesley Gilliam, PhD

5:00–6:00 p.m. Networking/Social Hour
Refreshments Served

Saturday, October 28, 2017

8:00 a.m. Registration/MPS Business Meeting/Awards

Session 3 CME/CE = 3.25
Evidence-Based Treatment Planning
Moderator: Elie Mulhem, MD

8:30 a.m. Debra Gordon Honorary Lecture
Keela Herr, PhD, RN
Quality Pain Care for Older Adults: Current Status and Future Directions

Topic 3: U.S. National Pain Strategy

9:30 a.m. J. Bruce Hillenberg, PhD, ABPP
Elie Mulhem, MD
The Chronic Pain Medical Neighborhood: Integrating Primary and Specialty Care

10:15 a.m. BREAK

10:30 a.m. Wesley Gilliam, PhD
Jeannie Sperry, PhD, ABPP
Examining the Effectiveness of Interdisciplinary Pain Rehabilitation Across the Age Spectrum

11:15 a.m. Emily G. Lattie, PhD
There is an App for That: Innovative Techniques for Providing Support

Total CME/CE = 9.5

12:00 p.m. Industry Sponsored Lunch and Presentation
No CME/CE will be offered
POSTER PRESENTATIONS
We are accepting poster abstracts for presentation at the meeting. Abstracts are due September 15, 2017, and should be submitted to info@midwestpainsociety.org. See the MPS website for submission form and details.

RESEARCH GRANTS
The Midwest Pain Society offers two grants each year for small or pilot studies in pain-related research. One grant is open to member-sponsored trainees, residents, and fellows only; the other is available to any MPS member. The grants are named for our honored past presidents, the late Robert Addison, MD, and Richard Blonsky, MD. See the MPS website for more information.

LECTURE MATERIALS
In place of printed handouts, lecture materials (slide thumbnails, note pages) will be available for download and printout at www.americanpainsociety.org/mps prior to the meeting.

CONTINUING EDUCATION (CE) CREDIT
Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACME) through the joint providership of Illinois State Medical Society and Midwest Pain Society. The Illinois State Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Chicago State University College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. Pharmacists who attend the Midwest Pain Society’s 41st Scientific Program can earn continuing pharmacy education credit. To receive the stated amount of continuing education credit, participants must attend the Midwest Pain Society’s Scientific Program in its entirety and submit a completed Record of Program Attendance (including a post test). The maximum number of CPE contact hours for the Midwest Pain Society Annual Conference is 9.5. Credits will be reported directly to ACPE via the CPE Monitor. Pharmacists must provide their NABP ID number and date of birth to facilitate reporting.

Social Workers: The Midwest Pain Society is an approved sponsor by the Illinois Department of Financial and Professional Regulation (DFPR). This program offers a total of 9.5 hours of continuing education credit for Licensed Clinical Social Workers and Licensed Social Workers. Single-day attendance continuing education credit will also be offered. See brochure for related information.

Physical Therapy: This activity offers a total of 7 hours of continuing education credits from ProCert. The awarded Continuing Competence Units (CCUs) will be posted in the aPTitude system.

FACULTY DISCLOSURE
Attendees will receive full planner and faculty disclosure information at the meeting.

CONFERENCE VENUE
The Conference Center of Northwestern Memorial Hospital, at 251 East Huron Street in Chicago, is the site of the 41st Scientific Meeting of the Midwest Pain Society. This stunning facility has become a model for health care center design, with hundreds of tour groups visiting annually. All conference facilities are fully accessible for those with disabilities.

The Midwest Pain Society is an approved sponsor of Continuing Education for Licensed Clinical Social Workers and Licensed Social Workers. Single-day attendance continuing education credit will also be offered. See brochure for related information.

This activity offers a total of 7 hours of continuing education credit for Licensed Clinical Social Workers and Licensed Social Workers. Single-day attendance continuing education credit will also be offered. See brochure for related information.

DEDUCTIBILITY OF EXPENSES
Please consult your tax advisor for information regarding the deductibility of registration and/or membership fees.

DISCLAIMER
The material presented in this meeting represents the opinions of the speakers and not necessarily the views of the American Pain Society, Illinois State Medical Society, Chicago State University, American Psychological Association, and/or the Midwest Pain Society.

ACME
Council for Continuing Medical Education (ACCME) through the joint providership of Illinois State Medical Society and Midwest Pain Society. The Illinois State Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

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The American Psychological Association, and/or the Midwest Pain Society.
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REGISTRATION FORM

Name ___________________________ Degree ___________________________ First Name for Badge ___________________________

Title ___________________________ Affiliation ___________________________ City/State ___________________________

Mailing Address ( □ Home □ Work) __________________________________________ City/State/Zip ___________________________

Daytime Phone ___________________________ Fax ___________________________ *E-mail ___________________________

☐ Check here if this will be your first MPS Scientific Meeting. ☐ Check here if you are at least 65 years old and have been an active MPS member in good standing to be considered for a Lifetime Membership. Candidates will be reviewed by the MPS Board of Directors and recognized at the 2017 meeting.

In case of emergency during the meeting, please contact: Name ___________________________ Phone ___________________________

☐ I do not wish to have my name and contact information included in the on-site attendee list.

☐ I wish to have a vegetarian meal.

Please contact MPS if you have any special needs.

☐ I plan to attend the Saturday luncheon.

Full Registration Fees

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<th>Professional Discipline</th>
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1-Day Registration Fees—Friday

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1-Day Registration Fees—Saturday

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Total Amount (A + B) ___________________________

Payment (must accompany registration form; fax orders accepted only with credit card payment at (847) 375-6440).

☐ VISA ☐ American Express ☐ Discover ☐ Check (enclosed) # ___________________________

If rebilling of a credit card charge is necessary, a $25.00 processing fee will be charged. Make checks payable to MPS.

• Checks not in U.S. funds will be returned.
• A charge of $25 will apply to checks returned for insufficient funds.

Account Number ___________________________ Expiration Date ___________________________

Signature ___________________________ Cardholder’s Name (Please Print) ___________________________

Cancellation Policy: ALL CANCELLATIONS MUST BE MADE IN WRITING. A $25 processing fee will apply to all cancellations postmarked more than 30 days before the meeting. A $50 processing fee will be charged for cancellations postmarked between 14 and 29 days before the meeting. No refunds will be made on cancellations postmarked fewer than 14 days before the meeting. All refunds will be issued after the meeting.

How did you hear about MPS? ___________________________